

Cocaine Self-Test

The following questions will help you see some of the ways cocaine affects your life.
(Answer with a "yes" or "no.")

1. Do you ever use more cocaine than you planned?
2. Has the use of cocaine interfered with your job?
3. Is your cocaine use causing conflict with your spouse or family?
4. Do you feel depressed, guilty, or remorseful after you use cocaine?
5. Do you use whatever cocaine you have, almost continuously, until the supply is exhausted?
6. Have you ever experienced sinus problems or nosebleeds due to cocaine use?
7. Do you ever wish that you had never taken that first line, hit, or injection of cocaine?
8. Have you experienced chest pains, rapid or irregular heartbeats when using cocaine?
9. Do you have an obsession to get cocaine when you do not have it?
10. Are you experiencing financial difficulties due to your cocaine use?
11. Do you experience an anticipation high just knowing you are about to use cocaine?
12. After using cocaine, do you have difficulty sleeping without taking a drink or another drug?
13. Are you absorbed with the thought of getting loaded even while interacting with a friend or a loved one?
14. Have you begun to use other drugs or begun to drink alone?
15. Do you ever have feelings that people are talking about you or watching you?
16. Do you use larger doses of cocaine to get the same high you once experienced?
17. Have you tried to quit or cut down on your cocaine use only to find that you could not?
18. Have any of your friends or family members suggested that you might have a problem with cocaine?
19. Have you ever lied to or misled those around you about how much or how often you use cocaine?
20. Do you use drugs in your car, at work, in the bathroom, on airplanes, or in other public places?
21. Are you afraid that if you stop using cocaine your work will suffer or you will lose your energy, motivation, or confidence?
22. Do you spend time with people or in places you otherwise would not be if it were not for the availability of drugs?
23. Have you ever stolen drugs or money from friends or family?

If you answered "yes" to any of the questions above, consider evaluating the role cocaine is playing in your life.

**For More Information Contact:
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